



Session Plan

Project Name: Looking after a pet

Programme Session Name:

Session Date:

Session Time:

Group Name/ Age Group: 3-5 years

Session Lead/Planner

Healthy Living	Promoting and supporting healthy lifestyles to secure physical, spiritual, social and emotional well-being
Feel Safe	Ensuring that members of the community are supported to feel safe
Life Enhancement	Inspirational and exciting learning opportunities that ensure members of the community raise their aspirations and achieve at the highest level
Participation	Opportunities for the voice of the community to be heard to help shape the services available to them to make a positive contribution to their local community
Learning and Development	Providing access to a range of learning pathways so that members of the community develop knowledge and robustness

Session Aims and Objectives

- Knowing what a pet needs on a daily basis
- Matching the different needs of different pets
- Communicating with animals

Notes and Background Information

Being able to say what they as children need on a daily basis:

Rest, somewhere to play, something to eat, something to drink, a hug, to do well

Session and Activity Outline:

Introduction:

Real objects or flashcards of random pictorial representations of what they, as children need on a daily basis, which they can pick out, or hunt for in an area (put in a couple of 'red herrings')

Talk about them with a group, how many chose this one etc. what does it mean, how many times do you need.... per day?

Main Activity:

Read a simple story of getting a new pet, can the children think of anything that the new pet would need?

Bring out real equipment and pictorial representations of the equipment that an animal needs, with a picture of a dog and cat-match the equipment to each animal

Use the matching activity that they can sort on their own

Question

What else do you need to know to help your new pet settle into their new home?

Getting to know their new pet-

Role play- approaching their new pet, and getting to know them

Plenary:

Draw or write or cut and stick a shopping list together that helps prepare for their new pet.

Resources/Materials

Real equipment useful for cats and dogs

Picture cards of equipment needed

Video or real life representation about approaching animals and getting to know them

Oak Tree information about getting a new pet

Extension Exercise/Take Home Activity (if the group is fast to finish, or members of the group are fast to finish)

Describe your dream new pet: name, when they are getting it, what would they like to happen when they get their new pet?

Session Evaluation

Participation Comments/ Evaluation

Staff Evaluation

Issues Raised/ Discussion Points

Follow-up Action Required	
Additional Notes:	
Staff Signature:	Date: