New

Pet planner check list



Check



Will you need to change your pets current daily routine? Try to adjust this as early into your pregnancy as possible.

Notes:

Have you arranged who is going to care for your pet when you go into hospital?

ılŝ

Set up your nursery as early as possible so that your pet has time to acclimatise to its new surroundings and smells.

Notes:

Decide which areas in your home will be "pet free" zones.

Training should begin as early into the pregnancy as possible to prevent your pet from going into the "pet free" zones when the baby arrives.

Where will your pets "safe space" be? Remember, this is a big adjustment for your pet too and they will also need "me time". A "safe space" should be somewhere

Where will your pet sleep once the baby arrives? Will their routine change?

Try implementing this as early into your pregnancy as possible to minimise stress caused once the baby arrives.

Notes

If a cat, do you need to litter train them?

Can our dog?

- Understand basic commands such as sit, stay, drop it
- Walk on a loose lead?
- Walk well next to a pram? This can be practiced as early into your pregnancy as you like.
- Travel in the car? Remember, your dog should always be secure in a car, either by putting up a dog guard, using a crate or a car harness.

Yes	No 🔵
Yes 💮	No 🔵
Yes	No 🔵
Yes	No O

Note: There is a possibility that you might need to have a caesarean, therefore training your canine companion not to jump up is essential for your recovery.

What to consider:

- How do you plan to modify these behaviours?
- If additional assistance is required, the Oak Tree Community
 Team can offer advice and/or sign post you to local trainers /
 behaviourists.
- When training, be sure to use positive reinforcements such as treats and toys, this way your pet will see adjustments as a positive experience.
- Have you considered hiring a professional dog walker?